

COFFEE

Small \$5.50 Medium \$6.50
Large Takeaway Only \$7.50

FLAT WHITE MATCHA LATTE
LATTE CHAI LATTE
CAPPUCCINO HOT CHOCOLATE
LONG BLACK **MOCHA / DIRTY CHAI**
MATCHA **EXTRA 10C 20C 30C**

ESPRESSO \$3.00
MACCHIATO \$3.50
PICCOLO \$4.00
AFFOGATO \$6.50
BABYCCHINO \$2.50
DECAFFEINATED \$1.00 EXTRA
EXTRA COFFEE SHOT +60 CENTS
FLAVOURED SYRUP +60 CENTS
(VANILLA-CARAMEL-HAZELNUT)

Alternate Milk \$1.10 extra

ALTERNATIVE DAIRY CO. ALMOND
ALTERNATIVE DAIRY CO. OAT
BONSOY SOY
ALERNATIVE DAIRY CO. COCONUT
FLEURIEU MILK LACTOSE FREE

FRESH JUICE & SOFT DRINK

In the drinks fridge

Juice Quest Cold Pressed Juice &
Halls Soft Drink

ICED DRINKS

Medium \$6.50 Large \$7.50
2 shots 3 shots

ICED COFFEE
ICED MATCHA
ICED CHOCOLATE
ICED CHAI
ICED LATTE
ICED LONG BLACK
ICED MOCHA/DIRTY CHAI
Med \$6.70 Lge \$7.80
ICED STRAWBERRY MATCHA
Med \$7.50 Lge \$8.50

All served with ice & ice-cream optional

TEA

Cup \$3.50 Mug \$4.00

English Breakfast
Peppermint
Green
Earl Grey

MILKSHAKES

served with GF icecream & milk

Small.....\$6.50

Large.....\$7.50

strawberry - chocolate - vanilla -
caramel - coffee - lime - banana

PROTEIN SMOOTHIES

\$16.50 gf.df.vgn.

**ALL SERVED WITH VEGAN
PROTEIN & COCONUT WATER**

CHOCOLATE CARAMEL

banana - dates - peanut butter -
cocoa nibs

GREEN GODDESS

apple - cucumber - spinach -
pineapple - spiralina

TROPICAL PARADISE

mango - banana - pineapple -
passionfruit - chia seeds

BERRY BANANA

mixed berries - banana -
pepitas

SMOOTHIES

\$14.50

BERRY

mixed berries - maple - milk

BANANA

banana - maple - milk

MANGO

mango - maple - milk

SMALLER EATS

- \$5.50 Raisin toast with butter
- \$9.50 Sourdough with your choice of condiments
- \$8.50 Plain croissant with butter or jam
- \$8.50 Blueberry bagel with butter or (cream cheese +\$1.50)
- \$7.50 Banana bread with butter
- \$13.50 Yoghurt, nuts & berries **GF**
- \$13.95 Mango chia pudding **GF. VGN. DF**
- \$13.95 Chocolate Raspberry chia pudding **GF.VGN.DF**
- \$14.50 Ham & cheese croissant
- \$14.30 Tomato & cheese croissant **VEG**
- \$15.50 Bacon & egg roll with cheese (Tomato, bbq or tomato relish)
- \$18.50 Ham ciabatta
Relish, cheese, pickle & rocket
- \$19.50 Smoked Salmon Bagel
Cream cheese, chives, red onion, capers & spinach
- \$19.50 Chicken Chipotle Bagel
Chipotle, baby spinach, sundried tomatoes, cheese
- \$18.50 Salami Bagel
Pesto, fresh tomato, feta & rocket
- \$18.50 Vego Ciabatta **VEG**
Pesto, spinach, sundried tomato, roasted capsicum & feta
- \$19.50 Turkey ciabatta
Cranberry, spinach & brie

SALADS

- \$18.95 Falafel Bowl GF-VGN-VEG**
rocket, spinach, sweet potato, quinoa, red cabbage, capsicum & hommus
- \$18.95 Chicken Salad GF**
mixed lettuce, feta & cherry tomatoes
olive oil, apple cider vinegar, salt & pepper
- \$18.95 Quinoa Salad GF-VGN-VEG**
rocket, sweet potato, cranberries & pepitas
olive oil, balsamic vinegar, salt & pepper

WRAPS

- \$19.95 Falafel Wrap VEG**
Hommus, falafel, spinach, capsicum, red cabbage & carrot
- \$19.95 Chicken Caesar Wrap**
caesar dressing, chicken, egg, bacon & mixed lettuce

**PLEASE ADVISE OUR STAFF IF YOU
HAVE ANY ALLERGIES.
ORDER AT THE COUNTER & QUOTE
YOUR TABLE NUMBER.**

BRUNCH

- \$16.95 House Made Granola** with fresh fruit & yoghurt **GF**
- \$10.95 Frittata** pumpkin, feta, spinach & pine nuts **GF. VEG**
+ add a side salad \$7.50
- \$16.50 **Eggs on Sourdough toast**
scrambled or fried
- \$16.50 **Avo Toast VEG**
- \$23.50 **Fried Egg Benny**
Salmon **OR** ham on sourdough with hollandaise
- \$22.50 **House made Smokey Beans**
with toasted sourdough **GF AVAIL**
- \$22.50 **Crepes** with vanilla ice-cream, fresh fruit & maple **GF**
- \$19.50 Acai Bowl** with granola, fresh fruit, berries & chia seeds **GF. VGN. DF**
+ add peanut butter \$2.50

SIDES

AVOCADO	\$4.00 (.5)
SHORTCUT BACON	\$4.50 (2)
SMOKED SALMON	\$5.50
HAM	\$4.50
HALLOUMI	\$4.50 (2)
EGGS	\$3.50 (1)
CHERRY TOMATOES	\$3.50
HOLLANDAISE	\$3.50
FETA	\$3.50
WILTED SPINACH	\$3.50